

presence of multiple stones make it an extremely unusual, rare & interesting case.

References

1. Gurvits GE, Lan G. Enterolithiasis. *World J Gastroenterol.* 2014;20(47):17819-29.
2. Salim AS. Small bowel obstruction with multiple perforations due to enterolith (bezoar) formed without gastrointestinal pathology. *Postgraduate Medical Journal.* 1990;66(780):872-873.
3. Shetty K, Sridhar A. An Unusual Presentation of Enterolithiasis. *Journal of Gastrointestinal and Liver Diseases.* 2011;20(4):348
4. Singhal BM, Kaval S, Kumar P, Singh CP. Enterolithiasis: An unusual cause of small intestinal obstruction. *Archives of International Surgery.* 2013;3(2):137-41.
5. Quazi MR, Mukhopadhyay M, Mallick NR, Khan D, Biswas N, Mondal MR. Enterolith Containing Uric Acid: An Unusual Cause Of Intestinal Obstruction. *The Indian Journal of Surgery.* 2011;73(4):295-297.

MRI Evaluation of Tubercular Perianal Fistulae

Minhaj Shaikh, Parthavi Patel, Srishti Thakur, Akshay Gursale

Department of Radio-diagnosis, Mahatma Gandhi Mission Medical College and Hospital, Navi Mumbai, India.

Corresponding Author: Dr Minhaj Shaikh
Email: minhaj0443@gmail.com

Tuberculosis remains a major health concern worldwide and is notorious for afflicting almost any organ and layer of the body especially in tropical countries. Anoperianal tuberculosis is a rare gastrointestinal manifestation of TB with limited clinical, surgical and radiological literature. We describe a case of a 62 years old man with chronic history of multiple painful discharging wounds

in perianal region. MRI evaluation revealed multiple patulous, complex fistulae of intersphincteric, transsphincteric and suprasphincteric morphology studded in the bilateral ischioanal and ischioanal fossae and a sinus tract terminating in the anterior perineum. The number and morphology of these fistulae were markedly different from the routinely observed cryptoglandular fistulae and likewise histopathologic examination revealed tubercular pathology. Despite the tremendous use and efficacy of MRI in evaluation of perianal fistulae, there is virtually no literature concerning the MRI features of tubercular perianal fistulae.

Case Report

A 62 year old male presented to surgery department with complaints of multiple painful discharging wounds in the perianal region for the past three months. These resulted in painful defecation; however bowel habits and consistency were normal throughout the course of the disease. He had no abdominal, respiratory or neurologic complaints, however his son died of complications of pulmonary tuberculosis one year back. Associated complaints of generalized weakness, reduced appetite and sleep were present. No history of fever or any other documented comorbidities were present. On general examination the patient was thin, emaciated (weighing 51 kgs) with poor body hygiene. On examination of the perianal region multiple (atleast ten) erythematous discharging nodules and plaques were seen in perianal region and bilateral buttocks. Few of them were oozing foul smelling thick yellowish seropurulent discharge while others were covered with yellow projecting crusts. The skin adjoining the lesions was hyperpigmented and hyperkeratinised. No lesions were noted on the skin of scrotal sac or penis. Contrast enhanced MRI of the pelvis was requested to look for extent of the disease and communication with anorectum if any.

Multiplanar and multisequence contrast enhanced MRI of the pelvis was performed on 1.5T MR imaging system (TOSHIBA ExcelArt Vantage, Japan). Noncontrast fast spin echo T1 and T2 weighted sequences with and without fat suppression in axial, sagittal, coronal

planes were acquired. Contrast (gadodiamide) enhanced MRI was done using T1 FATSAT sequence in axial and coronal planes.

MRI revealed bilateral ischioanal and ischiorectal fossae to be studded with numerous fistulae. The fistulae were characteristically patulous with frequent ramifications, long courses and thick T2 hypointense walls (**Figure 1a**). The fistulae were of intersphincteric (**Figure 1b**), trans-sphincteric (**Figure 1c**) and suprasphincteric (**Figure 1d**) morphology. A sinus tract opening in the right ischioanal fossa was noted to course in the midline anteriorly reaching almost upto the scrotum (**Figure 1e**). Few fistulae were noted to cross the midline and/or join the fistulae of other side forming horse-shoe shaped fistulae (**Figure 2c**). Post contrast images demonstrated intense enhancement of the fistulae suggestive of active inflammation within them (**Figure 2**). No abscesses were noted in bilateral ischiorectal fossae or supralelevator compartment. Biopsy fragments of the granulation tissue from the undermined edges of the external opening of the fistula demonstrated granulomas with langhans giant cells and caseation necrosis indicating tubercular pathology.

Discussion

Tuberculosis remains one of the major health concerns worldwide, especially in developing countries. Lungs are the most commonly inflicted organs. Among the varied extrapulmonary sites of infection, gastrointestinal tract tuberculosis accounts for less than 1% of all tuberculosis cases while anoperineal tuberculosis accounts for less than 1% of all the gastrointestinal tubercular infections.¹ Though extremely rare, anoperineal tuberculosis is a debilitating form which imposes severe limitations on daily functioning of an individual. This coupled with the possibility of cure with anti-tuberculous drugs merits timely and accurate diagnosis of anoperineal tuberculosis.

PJ Gupta, has had immense clinical experience in evaluating ano-perineal tuberculosis in Indian subcontinent, and has described the various clinical presentations of ano-perineal tuberculosis as anal pain, fever and cough, anal or perianal ulcer with purulent exudates, a nonhealing wound around the anus, anal fistula

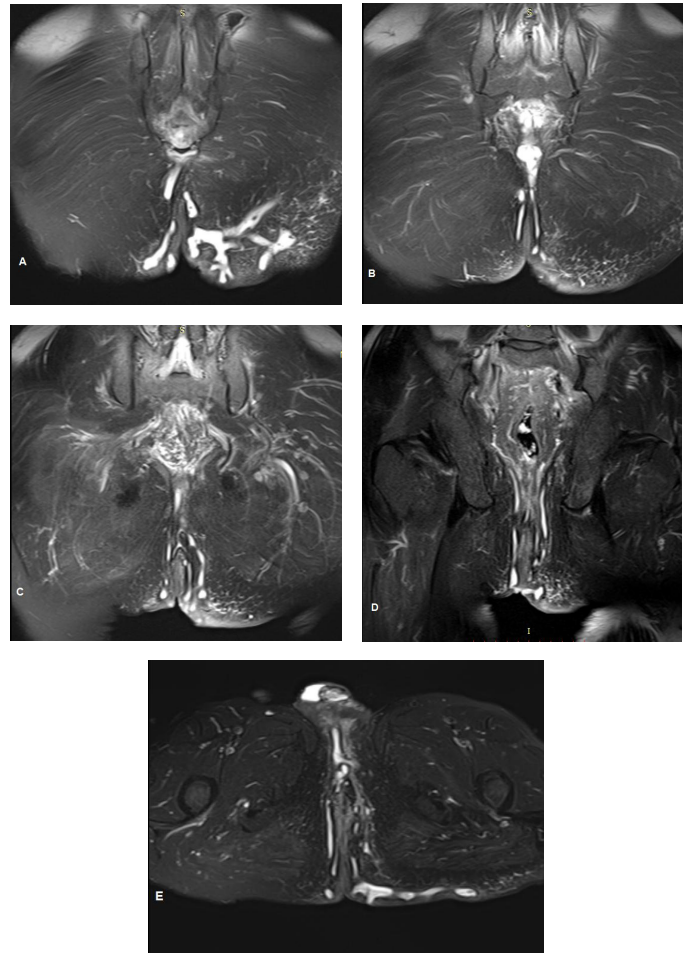


Figure 1 (a): Coronal T2 FATSAT image of the pelvis demonstrates bilateral multiple perianal fistulae. Note the abnormally wide diameter and branching pattern of these tracts. (b): Coronal T2 FATSAT image demonstrates two intersphincteric fistulae with thick hypointense walls. (c): Two parallel trans sphincteric fistulae are seen in the left ischiorectal fossa. Note the wide bulbous cutaneous openings. (d): Two fistulae (one on each side) coursing from the level of levator ani muscle to skin through the intersphincteric space suggestive of suprasphincteric fistulae. (e): A sinus tract can be seen coursing anteriorly in midline reaching almost upto the scrotum (arrow).

(usually recurrent with multiple external openings, gross scarring and induration), perianal cutaneous ulcerations, acute perianal abscess, bleeding anal ulcer, anal stricture, hemorrhoidal thrombosis with fever and discharge, an associated anal lesion in HIV positive patient.² Various typical and atypical morphological forms of ano-perineal

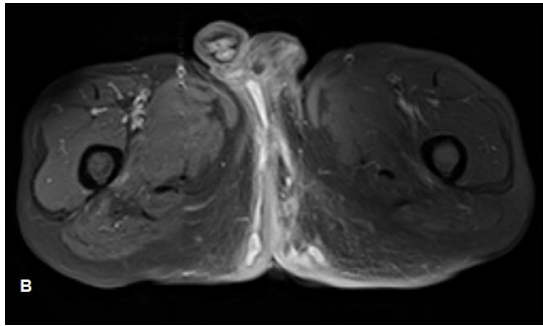
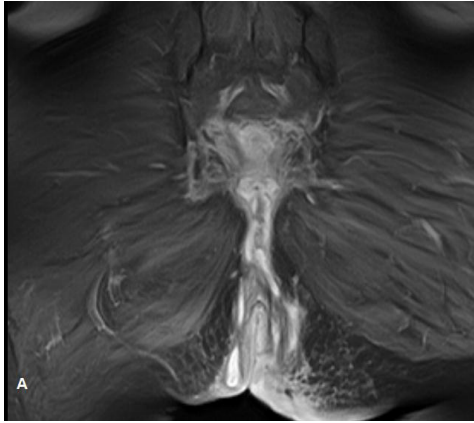


Figure 2 (a): Postcontrast T1WI (coronal) shows multiple intensely enhancing perianal fistulae suggestive of active inflammation. (b): A long sinus tract coursing in the midline anteriorly reaching almost up to the scrotum. Note the intense inflammation (soft tissue enhancement) along this sinus and anterior perineal soft tissue.

tuberculosis include nonhealing anal orifice ulceration, anal ulceration with inguinal lymphadenopathy, pilonidal sinus, recurrent perianal growth, rectal stricture, anal fistula with tuberculous epididymitis, anal fistula with tuberculous salpingitis, anal fissure, anal stricture, atypically located scrofuloderma, rectal submucosal tumor.² Kraemer *et al* retrospectively analysed twenty cases of pathologically proven tubercular anal sepsis in an attempt to identify a set of specific clinical features. They concluded that tubercular anal sepsis (fistulas and abscesses) should be suspected in known pulmonary or extrapulmonary tuberculosis or if anal sepsis is persistent, recurrent or complex in nature.³ Thus a tubercular fistula-in-ano is usually complex (the track crosses >30% to 50% of the external sphincter, anterior in females, multiple tracks), recurrent and has a known or occult pulmonary

or extrapulmonary tuberculous focus. Presently however, a tubercular fistula in ano is seldom diagnosed preoperatively. The prevalent method of diagnosis of tubercular fistula in ano still remains histologic and bacteriologic analysis of excised fistula or sample tissue.⁴ Early diagnosis of tubercular fistula in ano still remains a challenge.

MRI is increasingly used as a modality of choice for evaluating fistulous diseases of the anorectum. The advantages of MRI lie in the ability to define the course and extent of the primary and secondary tract, localize the internal opening, identify complications like abscesses, osteomyelitis, visceral communications and provide surgically relevant information. Majority of the existing MRI based studies and literature for evaluation of anorectal fistulae have focused only on cryptoglandular fistulae (nontubercular fistulae). Despite the increased accuracy and ever growing usage of MRI, there is virtually no radiological literature describing the MRI features of tubercular fistula in ano. Few recent case reports bearing MRI evidence describe tubercular fistulae as complex in morphology and recurrent in nature which is in agreement to the clinical and surgical literature.⁵ Our case report reaffirms this and adds to the existing knowledge with much needed MRI based evidence.

Learning Point: Tubercular perianal fistulae and sinuses differ from typical cryptoglandular fistulae in that they are multiple, patulous with ramifications and long courses that can extend beyond the confines of ischioanal and ischioanal fossae. MRI is an excellent modality to identify these features and provide a confident noninvasive diagnosis of tubercular perianal fistulae.

References

1. Candela F, Serrano P, Arriero JM, Teruel A, Reyes D, Calpena R. Perianal disease of tuberculous origin: report of a case and review of the literature. *Dis Colon Rectum*. 1999;42:110e2.
2. Gupta PJ. Ano-perianal tuberculosis. *Bratisl Lek Listy*. 2005;106(11):351-4.
3. Kraemer M, Gill SS, Seow-Choen F. Tuberculous anal sepsis: report of clinical features in 20 cases. *Dis Colon Rectum*. 2000 Nov;43(11):1589-91.

4. Yaghoobi R, Khazanee A, Bagherani N, Tajalli M. Gastrointestinal tuberculosis with anal and perianal involvement misdiagnosed as Crohn' disease for 15 years. *Acta DermVenereol.* 2010;91:348–9.
5. Oliveira Leonardo Guedes Leite de, PupoNeto João de Aguiar, Vieira Eduardo de Paula, Kim Monika Pereira, Flach Luciana da Costa, Almeida Barbara Cristina Rodrigues de. Proposed tuberculosis investigation and management protocol in complex and recurrent fistula-in-ano. *J. Coloproctol. (Rio J.)* 2015;35(2):113–119.

Celiac Disease Presenting as Pericardial Effusion

Smita Nath, Gadadhar Panda, Prabhu V, Karan Chhabra, Sandeep Garg, Suresh Kumar

Department of Medicine, Maulana Azad Medical College and Lok Nayak Hospital, New Delhi. India.

Corresponding Author: Dr Smita Nath
Email: drsmitanath82@gmail.com

Celiac disease is a unique enteropathic immune disorder and is now considered a disease entity with protean manifestation and worldwide distribution¹. Since the immunologic component is paramount in pathogenesis of celiac disease serum IgA antigliadin, antiendomysial and anti tissue transglutaminase antibodies provide a novel, sensitive and specific tool for the diagnosis of celiac disease^{2,3}. Deposition of Immune complexes originating in small-bowel could be a possible reason, for extra intestinal autoimmune manifestations of celiac disease⁴. Pericardial effusion though, rare in adults, is probably a result of these autoimmune disorders related to celiac disease⁵.

Case Report

An 18 year old previously healthy female with no history of systemic illness presented to us with chief complaints of sudden onset progressive breathlessness for eight days, followed by decreased urine output for three days. There was no preceding history of fever, hematuria, oedema, bleeding diathesis, jaundice, chest pain, cough or skin rash. There was no history of weight loss or decreased appetite. On examination patient was conscious but restless. She was afebrile with low volume regular pulse rate of 100/min and blood pressure of 60/40 mmHg. The patient had pallor, tachypnea, her JVP was raised and she had B/L pitting pedal oedema. However there was no icterus, cyanosis, clubbing, or thyromegaly. Systemic examination was suggestive of hepatomegaly of 2 cm below the subcostal margin. On cardiovascular examination the heart sounds were muffled. The respiratory system examination was normal. Laboratory investigations revealed Hb-7.5, TLC of 6600 with differential count of 55% neutrophils, 50% lymphocytes 2% eosinophils and 3% monocytes. ESR was 28 during 1st hour. Peripheral smear and iron studies were suggestive of iron deficiency anaemia. Blood urea was 50 mg/dl, serum creatinine was 1.4 mg/dl. Her serum total bilirubin was 0.8, AST 55IU, ALT 27IU and ALP 120IU. Her total serum protein was 3.2 mg/dl and albumin fraction was 1.6 mg/dl. TSH was 4.7, serum calcium 8.5 mg/dl and phosphorus 4.4 mg/dl. Urine routine and microscopic examination was normal and 24 hour urine protein was 140 mg. X ray chest was suggestive of cardiomegaly. 2D Echocardiography revealed. Large Concentric pericardial effusion of maximum thickness of 2.7 cm with mild TR and Severe PAH with EF of 60%. There was no evidence of cardiac tamponade. A provisional diagnosis of anaemia with pericardial effusion with hypotension and Acute kidney injury was made. After therapeutic pericardiocentesis and inotropic support, clinical condition of the patient improved. Her renal function and blood pressure became normal. Pericardial fluid analysis revealed a cell count of 26 of which 70% were lymphocytes, a sugar level of 140 mg/dl. Protein was absent in pericardial fluid. TB – PCR in pericardial fluid was negative. ANA, RA factor was